

Dr. Elisa Mello & Dr. Ramin Tabib's

NYC SMILE DESIGN
update



Produced for the Patients of NYC Smile Design

Winter 04/05



Smile Makeovers By Drs. Tabib & Mello

When KJ was a child she had a bicycle accident that knocked out her front tooth. Nothing was done as a final replacement of the tooth since she was young and had not completed the growth phase of her skeletal structures. For a long time KJ was just wearing a removable replacement tooth and slowly the space closed and there wasn't enough room for a correct size tooth. After a thorough smile evaluation, we completed a diagnostic wax up of the teeth on the models to preview the final result. This also serves as the blueprint guide for the final aesthetic outcome. The treatment for KJ consisted of a combination of porcelain laminates and caps. Anytime the smile makeover consists of a combination of caps/laminates and also realignment of the smile to gain harmony and symmetry a high level of complexity is introduced to the process. KJ's comment at the end was "Wow, I would have never believed it could look this good, I am really happy."

Sculpting A New Smile

Imagine your ideal smile!

When you peer into the mirror, are you satisfied with what you see? If you're like most people, there's probably something about the look of your teeth that's keeping you from feeling your best. It may be a slight stain, some crooked or overlapping teeth, swollen gums, a gap, maybe a couple of chips or rough edges, or perhaps some teeth are out of proportion with the rest of your mouth. Even a small imperfection can detract from an otherwise radiant smile.

What would you most like to change about the way your teeth look? What change would most improve your smile? Check out this Smile Questionnaire. If you answer "yes" to any of the questions, we can help!

There are many types of cosmetic procedures available, and they may differ in cost, care, and durability. A thorough dental evaluation can help you decide which esthetic treatment is best for you. The results will give you something to smile about every time you look in the mirror!



Smile Questionnaire

- Do you have any stained or discolored teeth or fillings?
- Do any of your teeth have uneven shapes due to chips, fractures, or rough edges?
- Are any of your teeth crowded, overlapping, or crooked?
- Do you have any gaps between your teeth or are you missing any teeth?
- Are your teeth uneven in length?

Thank you for all your referrals - we appreciate them!



Are You SURE That's Really you?

Children are fascinated by mirror tricks like decoding secret messages, but adults forget how deceptive a mirror can be. When considering a cosmetic dental procedure, consult with us to ensure that your new look is *really* you.

Mirrors reverse images from left to right, altering your perception of slight imperfections like an elevated lip line that others see clearly.

Only a few millimeters can alter the proportions of your smile - and face! Taking into account lip and jaw lines, tooth alignment, or gumlines to give you a balanced, pleasing smile and attractive facial appearance is part of your dentist's artistry! So remember ... the *real* you and the *dream* you is only millimeters away!

If you're wondering why the looking glass doesn't turn you upside down, just hold this page up to a mirror to decode the answer below. Or better yet, ask us! See all - know all...

your images is looking south. The mirror reverses front and back, mirror, much like the directions on a weather vane. When you are looking north, north and south must be up and down. Not so. The left and right are reversed to the left and right as west and east, it is tempting to assume that

Waterworks

If you have ever suffered from dry mouth, or *xerostomia*, you know how much we rely on saliva to speak, eat, chew, and swallow. Dry mouth can result from disease, hormonal changes, or as a side effect from medical treatment that can interfere with the production of saliva.

Saliva, a very important and complex component of your oral and overall health, contains 40 essential proteins, 13 electrolytes and minerals, and 7 small organic molecules that:

- Protect teeth and gums from bacteria, helping to prevent cavities;
- Help buffer teeth from hot and cold temperatures;
- Aid digestion by initiating the breakdown of food.

We can help you to relieve the discomfort of your symptoms with safe and effective products.

Got A Lefty Who's Hard To Shop For?



Now there's a whole new range of oral health products designed just for left-handed consumers! *Just kidding...*

The truth is that all dental home care tools can be used by right-handed or left-handed people. So the next time you're shopping for a lefty, a righty, or even someone who's ambidextrous, think about putting together a gift basket with some of these items!

Travel toothbrushes

Electric toothbrush

Dental floss

Toothpaste

Tongue scraper

Dental mirror

Gum massager

Mouthrinse

Changing Priorities Investing in yourself

Today's mature adults are investing in their own well-being. Updating your appearance with dentistry can often mean improving oral health and function. Here are answers to some commonly asked questions about cosmetic dentistry. You *can* improve self-confidence, appearance, and oral health! Please call us for a consultation.

How do I remove stain and discoloration from my teeth?

Supervised tooth whitening is a simple, quick, and affordable way to remove coffee, tobacco, wine, or medication stains, and even yellowing

associated with ageing. Bonding and veneers can also brighten your smile.

How can I make my old fillings look more attractive?

Metal-free porcelain, ceramic, or resin filling materials can make your smile look fresh, appealing, and natural! These materials can look as good – or even better than – your own teeth.

How can I repair worn, chipped, or cracked teeth?

Translucent laminates or veneers cover flaws but reflect light like natural

tooth enamel. Custom-made by hand, they are micro-thin and look totally natural. Modern bonding materials and non-metallic crowns can also camouflage flaws.

How can I replace missing teeth?

Completely natural-looking restorative bridges can span the spaces left by missing teeth, and dental implants can permanently replace one tooth or many.

How can I make my gumline more attractive?

We can re-sculpt your smile and transform the appearance of *too small* teeth or an *uneven* gumline.

CASE STUDY: 221297



PROBLEM: Uncentered square teeth & old bonding compromise appearance



SOLUTION: Gum lift and porcelain veneers ... beauty, balance, & brightness

Waterlase® MD

Dental researchers and scientists are constantly inventing new ways to make our dental practice more efficient and our treatment pain-free. Our practice has just acquired an amazing new invention called the *Waterlase® MD*.

What does it do? The Waterlase MD uses next-generation technology to perform a variety of dental procedures, including cavity preparation, caries (decay) removal, tooth etching, and a wide range of soft tissue (gum) procedures.

How does it work? The system uses laser-energized water. It significantly improves your comfort in the dentist's chair, and causes no heat or vibration in your mouth, no drilling noises, or over-heating of your teeth.



Remarkably, it also treats soft tissue gently and efficiently. The highly precise spray of air and laser-energized water particles, when directed at the tooth, rapidly remove enamel, dentin, and decay.

With the Waterlase MD, most dental procedures can be performed with no pain, virtually eliminating the need for anesthesia in most cases. The laser is very precise so we can leave behind as much healthy tooth structure as possible. The MD also performs numerous soft tissue (gum) procedures with little or no bleeding. Now you can have many procedures that previously required referral to a specialist performed at our office during your regularly scheduled appointment.



We're proud to be able to offer this new technology to all our patients. Please ask us about it at your next appointment!

office information

NYC Smile Design
Dr. Elisa Mello
Dr. Ramin Tabib
8 East 84th Street
New York, NY 10028-0404

Office Hours
Mon & Tue 8:00 am – 5:00 pm
Wed & Thu 10:00 am – 6:00 pm
Friday by special arrangement only

Contact Information
Office (212) 452-3344
Fax (212) 412-9005
Emergency (917) 701-5287
Email info@NYCSmileDesign.com
Website www.NYCSmileDesign.com

Office Staff
Christine Office Manager/
Financial Coordinator
Yael Dental Assistant
Stephanie Dental Assistant

Enhanced Patient Financing



Referrals Do Us Proud

...Every time!

We take great pride in a team that always offers friendly, family-style dentistry. We try always to build on the excellent rapport we develop with you. We are committed to continuing education courses to learn the latest techniques ... but we know that spending time with each of you is the best way to ensure that you are receiving the meticulous care you deserve.

After all, we are *your* dental office and *your* dentist! And you should feel free to share us with your family and friends. We take your referrals as a great compliment and an affirmation that you feel secure and comfortable with our team. We also know this means you've entrusted us with the care of family, friends, and colleagues.

Thank you for your trust!

Bye Bye Metal! Invisible braces

Orthodontics involves gently pushing your teeth into place over months or years. Today, about one in five orthodontic patients is between twenty and sixty years of age.

We're excited to introduce invisible braces, a revolutionary technique that has brightened the smiles of thousands! They use a series of clear, removable aligners to straighten teeth. They are comfortable, and because they're made with medical-grade plastic, they're virtually invisible. No more metal mouth means you'll spend less time in our office having adjustments! Because the aligners are removable, your daily brushing and flossing are not affected in any way, and you can eat anything you fancy!

Ask us how invisible aligners can help give you the smile you've always wanted!

